

Breakthrough Prayer Ministry Packet

INSTRUCTIONS

Please read all materials, then:

1. Read and sign consent forms.
2. Fill out information sheets.
3. Circle all emotions that are presently occurring.
4. Bring entire packet to your prayer session.

See you soon! We are expecting God to bring you Truth and Light in Jesus Name!

Breakthrough Ministry Guidelines

As the facilitator of a ministry session...

- Breakthrough Ministry is prayer not counseling. Therefore I will not be offering you counsel but rather interceding with you to God. I will be ministering with you in prayer seeking to help you discover with the guidance of the Holy Spirit, the root sources of the emotional pain in your life.
- Any information that is shared with me during this ministry session will be held in utmost confidentiality. I will not share any information without first obtaining permission from the one with whom I have ministered.
- I will avoid all forms of guided imagery and or directed visualization and seek to allow you to have a genuine healing experience prayerfully directed by the Holy Spirit without information input on my part.
- I will not make ANY suggestions as to what I think your memory content may contain. I will avoid making suggestions as to what I assume your lie-based thinking may be and thus allow you to make this discovery yourself while relying on the Holy Spirit and through my asking NON-DIRECTIVE questions.
- I will only ask questions that are reflective of the actual memory content or other pertinent information that you alone have surfaced and avoid questions that are leading or reflect my assumptions.
- I will not attempt to interpret or give explanation to ANY information that you surface. Rather I will encourage you to listen and receive understanding from the Spirit of Christ. I will not interpret your dreams, visions or other inner-mind realities but rather encourage you to follow any negative emotion that may be behind these realities and seek to find the true original memory source.
- I will ask NON-DIRECTIVE questions to help you discern the lies you may believe in your memories. For example, if you say, "I feel all alone and abandoned." I might ask, "Why do you feel all alone?" You may reply, "Because they all left me." I might say, "Why do you think they left you?" You might respond, "Because they hate me." I might ask, "Why do you believe that they hate you?" You might say, "Because I am worthless and no good." etc. I will avoid ALL suggestive questions such as, "Do you think you may have been abused?"
- I will withhold judgment as to whether the content of your memory is true or false. However, I will seek to help you discover the source of your emotional pain in the context of the memory you have surfaced. I will allow you to come to your own conclusions in your own time concerning the validity of the content of your memories.
- I will not supply you with what I may think God wants you to know during the ministry session. I will keep my "words of knowledge" to myself until you have arrived at perfect peace in your memory as a result of your receiving truth from the Holy Spirit. I will defer my opinions and thinking to the Spirit of Christ, trusting Him to provide you with His truth and only use my words of insight for confirmation after you have received truth from Him.
- I will ask the Lord Jesus to help you remember what you have the capacity to embrace and to help you discern the lies you believe that are contained in these memories. Example: "Lord Jesus, will you help (name) find the place where this emotional pain originated?" "Jesus, what is it you want (name) to know in this memory?" "Will you help (name) to discover what they believe that is causing them this emotional pain?"

THE FATHER'S LOVE LETTER

To my child,

You may not know me, but I know everything about you...Psalm 139:1

Even the very hairs on your head are numbered...Matthew 10:29-31

For you were made in my image....Genesis 1:27

I knew you even before you were conceived....Jeremiah 1:4

I chose you when I planned creation...Ephesians 1:11

And I knit you together in your mother's womb...Psalm 139:13

Your name was written in the Lamb's Book of Life, before the foundation of the world...Revelation 13:8

You are not a mistake, for all your days are written in my book...Psalm 139:16

I determined when you would be born and where you would live....Acts 17:26

Because I love you with an everlasting love...Jeremiah 31:3

I have been misrepresented by those who don't know me....John 8:41-44

I am not distant and angry at you, but I am the complete expression of love...1 John 4:16

And it is my desire to lavish my love on you...1 John 3:1

For every good and perfect gift that you receive comes from my hand...James 1:7

I offer you more than your earthly father ever could...Matthew 7:11

Because I am the Perfect Father...Matthew 5:48

And I am the Provider who meets all your needs...Matthew 6:11-33

My plan for your future has always been filled with hope...Jeremiah 29:11

My thoughts toward you are as countless as the sands on the seashore Ps. 139:17-18

And I rejoice over you with singing...Zephaniah 3:17

I will never stop doing good to you...Jeremiah 32:40

For I am the Lord of the Breakthrough... 1 Chronicles 14:11

For you are my treasured possession....Exodus 19:5

Delight in me and I will give you the desires of your heart...Psalm 37:4

For it is I who gave you those desires...Philippians 2:13

I am able to do more for you than you could possibly imagine...Ephesians 3:20-21

For I am your greatest encourager...2 Thessalonians 2:16-17

I am also the Father who comforts you in all your troubles...2 Corinthians 1:3-4

When you are brokenhearted I am close to you...Psalm 34:18

As a shepherd carries a lamb, I have carried you close to my heart...Isaiah 40:11

One day I will wipe every tear from your eyes...Revelation 21:3-4

Because I love you even as I love my son, Jesus...John 17:23

He is the exact representation of my being...Hebrews 1:3

He came to demonstrate that I am for you, not against you...Romans 8:31

And to tell you that I am not counting your sins...2 Corinthians 5:18-19

Jesus died so that we could be reconciled...2 Corinthians 5:18-19

His death was my ultimate expression of love for you...1 John 4:10

I gave up everything that I loved to gain your love...Romans 8:31-32

If you receive the gift of my Son you receive me...1 John 2:23

And nothing will ever separate you from my love again...Romans 8:38-39

Come home and I'll throw the biggest party heaven has ever seen...Luke 15:7

I have always been Father, and will always be Father...Ephesians 3:14-15

My question is will you be my child?...John 1:12-13

Prayer for a personal relationship with the Lord

If you have never invited Jesus, the Prince of Peace, to be your Lord and Savior, we invite you to do so now. Pray the following prayer; and if you are really sincere about it, you will experience a new life in Christ.

Father, You loved the world so much, You gave Your only begotten Son to die for our sins so that whoever believes in Him will not perish, but have eternal life. Your Word says we are saved by grace through faith as a gift from you. There is nothing we can do to earn salvation. I believe and confess with my mouth that Jesus Christ is Your Son, the Savior of the world. I believe He died on the cross for me and bore all of my sins, paying the price for them. I believe in my heart that You raised Jesus from the dead. I ask You to forgive my sins. I confess Jesus as my Lord. According to Your Word, I am saved and will spend eternity with You! Thank you , Father, I am so grateful! In Jesus' name, Amen.

If you have received Jesus as your Lord and Savior, please call or write and let us know. We would like to pray for you and rejoice with you. We encourage you to read your Bible daily, spend time in fellowship with the Lord, and attend a church that teaches the Word of God.

LETTING GO

To “let go” does not mean to stop caring, it means

I can’t do it for someone else.

To “let go” is not to cut myself off, it’s the realization

I can’t control another.

To “let go” is not to enable, but to allow learning from natural

consequences.

To “let go” is to admit powerlessness, which means

the outcome is not in my hands.

To “let go” is not to try to change or blame another,

it’s to allow God to make the most of myself.

To “let go” is not to care for, but to care about.

To “let go” is not to fix, but to be supportive.

To “let go” is not to be in the middle arranging all the outcomes,

but to allow others to affect their own destinies.

To “let go” is not to be protective, it’s to permit another to face

reality.

To “let go” is not to deny, but to accept.

To “let go” is not to nag, scold or argue, but instead to search out

my own shortcomings and correct them.

To “let go” is not to adjust everything to my desires but to take each

day as it comes, and cherish God in it.

To “let go” is not to regret the past, but to grow and live for the

future.

To “let go” is to fear less and love more.

PSALM 107

Oh give thanks to the LORD, for He is good, for His lovingkindness is everlasting. Let the redeemed of the LORD say so, when He has redeemed from the hand of the adversary and gathered from the lands, from the east and from the west, from the north and from the south. They wandered in the wilderness in a desert region; they did not find a way to an inhabited city. They were hungry and thirsty; their soul fainted within them. Then they cried out to the LORD in their trouble; He delivered them out of their distresses. He led them also by a straight way, to go to an inhabited city. Let them give thanks to the LORD for His lovingkindness, and for His wonders to the sons of men! For He has satisfied the thirsty soul, and the hungry soul He has filled with what is good. There were those who dwelt in darkness and in the shadow of death, prisoners in misery and chains, Because they had rebelled against the words of God and spurned the counsel of the Most High. Therefore He humbled their heart with labor; they stumbled and there was none to help. Then they cried out to the LORD in their trouble; He saved them out of their distresses. He brought them out of darkness and the shadow of death and broke their bands apart. Let them give thanks to the LORD for His lovingkindness, and for His wonders to the sons of men! For he has shattered gates of bronze and put bars of iron asunder. Fools, because of their rebellious way, and because of their iniquities, were afflicted. Their soul abhorred all kinds of food, and they drew near to the gates of death. Then they cried out to the Lord in their trouble; He saved them out of their distresses. He sent His word and healed them, and delivered them from their destructions. Let them give thanks to the LORD for His lovingkindness, and for His wonders to the sons of men! Let them also offer sacrifices of thanksgiving, and tell of His works with joyful singing. Those who go down to the sea in ships, who do business on great waters; they have seen the works of the LORD, and His wonders in the deep. For He spoke and raised up a stormy wind, which lifted up the waves of the sea. They rose up the heavens, they went down to the depths; their soul melted away in their misery. They reeled and staggered like a drunken man, and were at their wits' end. Then they cried to the LORD in their trouble, and He brought them out of their distresses. He caused the storm to be still, so that the waves of the sea were hushed. Then they were glad because they were quiet, So He guided them to their desire haven. Let them give thanks to the LORD for His lovingkindness, and for His wonders to the sons of men! Let them extol Him also in the congregation of the people, and praise Him at the seat of the elders. He changes rivers into a wilderness and springs of water into a thirsty ground; a fruitful land into a salt waste, because of the wickedness of those who dwell in it. He changes a wilderness into a pool of water and a dry land into springs of water; and there He makes the hungry to dwell, so that they may establish an inhabited city, and sow fields and plant vineyards, and gather a fruitful harvest. Also He blesses them and they multiply greatly, and He does not let their cattle decrease. When they are diminished and bowed down through oppression, misery and sorrow, He pours contempt upon princes and makes them wander in a pathless waste. But He sets the needy securely on high away from affliction, and makes his families like a flock. The upright see it and are glad; but all unrighteousness shuts its mouth. Who is wise? Let him give heed to these things, and consider the loving kindnesses of the LORD.

EMOTIONS AND BELIEFS

1. The painful emotion you are currently feeling is rooted in a historical lie. Your present situation is rarely the true cause of your ongoing emotional pain.
2. Your emotion will match the lie and make the lie feel “true” to you. Feelings are important indicators of your true beliefs.
3. Until the lie is replaced with Truth, your present emotion will not genuinely change. If you believe a lie, the consequences will be much the same as if it were true (Lie = an internal false belief or self-belief. Examples: “I’m worthless, I’m no good, I can never do enough, I’m dirty, I’m all alone, I’m trapped, etc.).
4. To be free of the lies you believe, you must own them rather than deny them. Your presenting emotion is identified and traced to the earliest memory where the lie is held.
5. Lies feel bad, truth feels good. You are in emotional bondage due to two basic factors: Belief and Choice. You are where you are emotionally because of what you believe and you remain in this state until you choose to believe the truth presented to you, by the Holy Spirit.
6. Only an encounter with the presence of Jesus through the Holy Spirit can free you from the lies you believe. The written Word of God is the standard for validating what happens in a ministry session. Lie-based pain can only be removed as lies are replaced with truth, whereas the only remedy for sin-based pain is the cross of Jesus Christ. There is often residual truth-based pain, left over, once truth is revealed and received. The remedy for truth-based pain is to offer it up to Jesus Christ, who promised to carry all your sorrow and grief, resulting in experiencing the Holy Spirit as your Comforter.
7. Performance-based Spirituality is not true spirituality. Sinful behavior is often a vain attempt to manage your emotional pain. When you receive truth from God, in memories where you harbored lie-based thoughts, which then produced pain-managing behaviors, you will then be free to walk in effortless victory, in these areas. We call this maintenance free victory.
8. As the Holy Spirit brings Truth, the lie becomes powerless and your emotion will change to peace and calm.
9. Mind renewal is a life-long process.